

Employee Assistance Program (EAP) EAP Services (Covered under PEPM Rate)

Adult and Eldercare Services	Adult and eldercare specialists assist in finding quality information and services including transportation, meals, exercise, activities, in-home care, day care and housing.
Career Consultation	Face to face counseling sessions for career transition issues. Retirees are eligible for 30 days post retirement. Job search services available at a case rate of \$350 to \$600.
Childcare Services	Childcare professionals provide information and support on parenting, school issues and other important issues for parents.
Convenience Services	RBH locates information within three days of telephone or e-mail request for such things as vacation planning, social events and household services.
Counseling (3, 5, or 6 visits)	Face-to-face or on-line counseling for each new issue, including family, relationship, stress and other common challenges.
Crisis Consultation	Toll free 24-7 access for immediate telephone support for all household members experiencing a crisis.
Financial Services	Free telephone counseling for financial issues such as debt counseling, budgeting or retirement planning. A discount of 25% is available if a CPA is retained. Web site information also available.
Health Coaching	Unlimited access to telephone and e-mail consultations with professional health coaches to address modifiable behaviors such as weight and smoking.
Identity Theft Recovery Services	Support and help in planning identity recovery and credit following an incident of theft.
Interactive Web site	Employees can take health, emotional, and productivity assessments; set goals; journal progress and communicate with others.
Legal Services	A free, half-hour consultation, by telephone or in person, followed with a 25% discount in legal fees. A free will preparation kit is included.
Personal Advantage	Interactive Work/Life Web site, library of wellness information, assessments and trainings; accessed through MyRBH.com.
Personal Mediation Services	Free 30 minute consultation (in person or telephone) for non-work related issues, such as divorce, neighbor disputes or real estate. There is a 25% discount if a personal mediator is retained.
Relocation & Home Ownership Consultation & Information	E-mail and complimentary telephone consultations with pre-screened service providers for selling or buying a home and obtaining financing.
Substance Abuse Case Management	Management referral of employees for substance abuse case management and DOT evaluations.
Supervisor Consultation	Unlimited telephone consultation on management issues such as threat of violence, substance abuse, domestic violence, child abuse and management referrals.